

# SCARBOROUGH SPOOKFEST 2011



Hosted by: The Scarborough Swim Club

Dear Coach,

Please consider attending Scarborough Swim Club's annual 'Spookfest' swim meet. Spookfest has been running for over 25 years and is an ideal meet to introduce new and young swimmers to a fun and accessible swim meet. The meet format is targeted toward development and early Age Group swimmers; offering 25 Meter events in all four strokes and mixed relays. There are lots of prizes for age group winners, heat winners and the best costume in each age group. Please book now and get ready for a 'SCARY' fun time for all.

Thanks,

Meet Management

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## Meet Information

- Date:** October 29th – October 30th, 2011
- Location:** Sir Wilfrid Laurier Collegiate Institute  
145 Guildwood Pkwy  
Scarborough, Ontario
- Facility:** 6 lane 25-meter competition pool, gallery has seating for 200 spectators  
**ELECTRONIC SCOREBOARD**
- Qualifying:** There are **NO** time standards. To allow for time restrictions on meet and avoid combining of heats and events this meet has been set up as mixed. All swimmers of both genders swim together They are seeded by entry time, NT is acceptable.  
Relays must be entered by appropriate age and gender. No time conversions accepted
- There are no entry standards for the Swim Ontario pre-requisite events, IM Or Aerobic Freestyle.**
- SNC LTAD** Age Groups 11,12,13 and 14 will now be treated individually as ages for awards and time standards, but may swim in age combined events.
- Awards:** Ribbons 1<sup>st</sup> – 6<sup>th</sup> for Individual events. Awards and results will be broken out by gender and 8/U, 9,10,11,12,13,14 & 15/O.  
Random Heat winner prizes will be given away.
- Rules:** This swim meet is sanctioned by Swim Ontario. Swimmers must be registered with Swim Ontario as a competitive swimmer. Swimming/Natation Canada current rules will be in effect. The FINA (one-start) rule will be in effect.

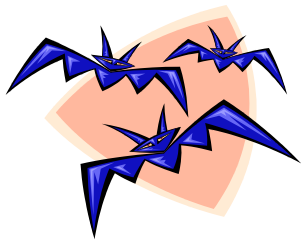
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Scarborough Swim Club

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**Address:** 1154 Warden Ave. #126, Scarborough, Ontario, Canada M1R 0A1  
**Phone:** (416) 266-4531  
**Web:** <http://www.scarswimming.ca>



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**Session Times:** For both Saturday and Sunday Morning:  
Warm-up 8:00am Start 9:00am Finish 1:00pm (approx.)

**No session shall exceed 4 hours in duration.**

**Entry Deadline:** The final deadline for Entries is midnight Friday [October 21st, 2011](#), at which time, all entries will be considered final. This Timed Finals meet will then be final seeded. Any changes to the schedule will be informed by Monday [October 24<sup>th</sup>, 2011](#). All fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not. All entries must be submitted via the [www.swimming.ca/meetlist.aspx](http://www.swimming.ca/meetlist.aspx) website for automatic validation.

**Entry Fees:** **\$5.00** for 25 meter events  
**\$7.00** for 50 meter events and above  
**\$9.00** for Relay events

Please make cheque payable to “**Scarborough Swim Club**”

**Deck Entries** Deck entries will be accepted at the discretion of the clerk of course but these swims will be considered exhibition.

**Scratches** Scratches must be given to the clerk of course in the marshalling area at least 15 minutes prior to the start of that event. No penalty for scratches

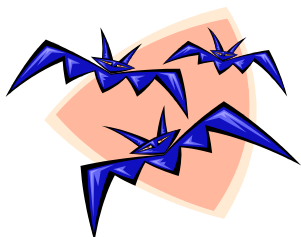
**Health Regulations** Health regulations do not permit food on deck. Coaches are requested to enforce this regulation for their team.

**Results:** The Hy-Tek file with complete results will be available on [www.swimming.ca](http://www.swimming.ca)

**Meet Referee** Miles Harrison Level 5

**Meet Manager** Jeff Patterson / Bogdan Chiorean  
Scarborough Swim Club  
Email: [scar.meets@scarswimming.ca](mailto:scar.meets@scarswimming.ca)





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## Saturday AM Sessions

Warm-ups 8:00am –8:50am			Meet Start 9:00am			Finish 1:00pm		
Events								
Event#	Event	Age Group	Event#	Event	Age Group			
1	100 Backstroke	Girls 12 & Under	2	100 Backstroke	Boys 12 & Under			
3	100 Backstroke	Girls 13 & Over	4	100 Backstroke	Boys 13 & Over			
5	25 Backstroke	Girls 12 & Under	6	25 Backstroke	Boys 12 & Under			
7	25 Backstroke	Girls 13 & Over	8	25 Backstroke	Boys 13 & Over			
9	50 Freestyle	Girls 12 & Under	10	50 Freestyle	Boys 12 & Under			
11	50 Freestyle	Girls 13 & Over	12	50 Freestyle	Boys 13 & Over			
13	200 Medley Relay	Girls 12 & Under	14	200 Medley Relay	Boys 12 & Under			
15	200 Medley Relay	Girls 13 & Over	16	200 Medley Relay	Boys 13 & Over			
17	25 Breaststroke	Girls 12 & Under	18	25 Breaststroke	Boys 12 & Under			
19	25 Breaststroke	Girls 13 & Over	20	25 Breaststroke	Boys 13 & Over			
21	100 Breaststroke	Girls 12 & Under	22	100 Breaststroke	Boys 12 & Under			
23	100 Breaststroke	Girls 13 & Over	24	100 Breaststroke	Boys 13 & Over			
25	50 Butterfly	Girls 12 & Under	26	50 Butterfly	Boys 12 & Under			
27	50 Butterfly	Girls 13 & Over	28	50 Butterfly	Boys 13 & Over			
29	200 IM	Girls 12 & Under	30	200 IM	Boys 12 & Under			
31	200 IM	Girls 13 & Over	32	200 IM	Boys 13 & Over			

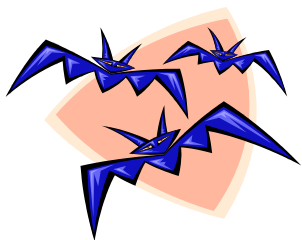


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# SCARBOROUGH SPOOKFEST 2011

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## Sunday AM Sessions

Warm-ups 8:00am –8:50am			Meet Start 9:00am			Finish 1:00pm		
Events								
Event#	Event	Age Group	Event#	Event	Age Group			
33	100 Butterfly	Girls 12 & Under	34	100 Butterfly	Boys 12 & Under			
35	100 Butterfly	Girls 13 & Over	36	100 Butterfly	Boys 13 & Over			
37	25 Butterfly	Girls 12 & Under	38	25 Butterfly	Boys 12 & Under			
39	25 Butterfly	Girls 13 & Over	40	25 Butterfly	Boys 13 & Over			
41	50 Breaststroke	Girls 12 & Under	42	50 Breaststroke	Boys 12 & Under			
43	50 Breaststroke	Girls 13 & Over	44	50 Breaststroke	Boys 13 & Over			
45	100 Freestyle	Girls 12 & Under	46	100 Freestyle	Boys 12 & Under			
47	100 Freestyle	Girls 13 & Over	48	100 Freestyle	Boys 13 & Over			
49	200 Freestyle Relay	Girls 12 & Under	50	200 Freestyle Relay	Boys 12 & Under			
51	200 Freestyle Relay	Girls 13 & Over	52	200 Freestyle Relay	Boys 13 & Over			
53	50 Backstroke	Girls 12 & Under	54	50 Backstroke	Boys 12 & Under			
55	50 Backstroke	Girls 13 & Over	56	50 Backstroke	Boys 13 & Over			
57	25 Freestyle	Girls 12 & Under	58	25 Freestyle	Boys 12 & Under			
59	25 Freestyle	Girls 13 & Over	60	25 Freestyle	Boys 13 & Over			
61	100 IM	Girls 12 & Under	62	100 IM	Boys 12 & Under			
63	100 IM	Girls 13 & Over	64	100 IM	Boys 13 & Over			

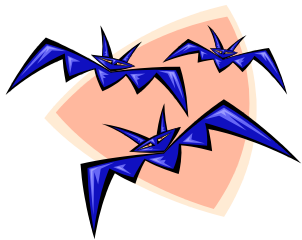


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## SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES 2007

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period ..... and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

### GENERAL WARM-UP RULES:

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck or Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

### SPECIFIC/SPRINT WARM-UP PERIOD:

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices:  
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

### EQUIPMENT:

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.

SNC Board Approved July 6, 2005



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## Individual Meet Entries Report

**Scarborough Spookfest 2011 29-Oct-11 to 30-Oct-11 SC Meters**

**Location: Sir Wilfrid Laurier C.I.**

**York Swim Club [YORK] Coach: Fisiha Kebede**

**Box 20077, 1395 Lawrence Ave W**

**647-223-7946**

**Toronto, M6L1A4**

**yorkswimclub@gmail.com**

<b>FEMALE</b>
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**Eva Bajwa (13)**

# 3A	Female 13-13 100 Back	NT
# 11A	Female 13-13 50 Free	NT
# 27A	Female 13-13 100 Breast	NT
# 43A	Female 13-13 50 Breast	NT
# 47A	Female 13-13 100 Free	NT
# 63A	Female 13-13 100 IM	NT

# 35B	Female 14-14 100 Fly	NT
# 47B	Female 14-14 100 Free	NT
# 55B	Female 14-14 50 Back	NT

**Meagan Bautista (15)**

# 3C	Female 15 & Over 100 Back	NT
# 27C	Female 15 & Over 100 Breast	NT
# 31C	Female 15 & Over 200 IM	NT
# 47C	Female 15 & Over 100 Free	NT
# 63C	Female 15 & Over 100 IM	NT

**Alexia Colangelo (12)**

# 9E	Female 12-12 50 Free	38.35S
# 25E	Female 12-12 100 Breast	1:41.68S E
# 29E	Female 12-12 200 IM	3:25.20S
# 41E	Female 12-12 50 Breast	46.89S
# 45E	Female 12-12 100 Free	1:26.49S
# 61E	Female 12-12 100 IM	1:44.56S

**Ashley Lam (8)**

# 45A	Female 8 & Under 100 Free	NT
# 53A	Female 8 & Under 50 Back	1:10.11S
# 58A	Female 8 & Under 25 Free	38.97S

**Kate Lam (12)**

# 1E	Female 12-12 100 Back	1:25.79S D
# 25E	Female 12-12 100 Breast	1:34.62S C
# 29E	Female 12-12 200 IM	3:08.74S D
# 33E	Female 12-12 100 Fly	1:38.43S
# 45E	Female 12-12 100 Free	1:14.01S C
# 61E	Female 12-12 100 IM	1:26.84S

**Katarina Mayer (13)**

# 11A	Female 13-13 50 Free	36.63S E
# 27A	Female 13-13 100 Breast	1:36.04S D
# 31A	Female 13-13 200 IM	3:28.35S
# 43A	Female 13-13 50 Breast	44.77S
# 47A	Female 13-13 100 Free	1:20.72S
# 63A	Female 13-13 100 IM	1:39.11S

**Ciara O'Brien-Jackson (15)**

# 3C	Female 15 & Over 100 Back	NT
# 11C	Female 15 & Over 50 Free	NT
# 27C	Female 15 & Over 100 Breast	NT
# 47C	Female 15 & Over 100 Free	NT
# 55C	Female 15 & Over 50 Back	NT
# 63C	Female 15 & Over 100 IM	NT

**Keira Rydeard (14)**

# 3B	Female 14-14 100 Back	NT
# 27B	Female 14-14 100 Breast	NT
# 31B	Female 14-14 200 IM	NT

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## Individual Meet Entries Report

**Scarborough Spookfest 2011 29-Oct-11 to 30-Oct-11 SC Meters**

**York Swim Club [YORK] Coach: Fisiha Kebede**

<b>MALE</b>
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**Justin Anderson (10)**

# 2C	Male 10-10 100 Back	1:41.80S
# 10C	Male 10-10 50 Free	39.60S E
# 30C	Male 10-10 200 IM	3:56.72S
# 46C	Male 10-10 100 Free	1:31.50S
# 62C	Male 10-10 100 IM	1:39.84S

**Matthew Anderson (12)**

# 2E	Male 12-12 100 Back	1:37.11S
# 10E	Male 12-12 50 Free	35.36S D
# 22E	Male 12-12 50 Fly	49.38S
# 34E	Male 12-12 100 Fly	1:58.92S
# 46E	Male 12-12 100 Free	1:21.52S
# 62E	Male 12-12 100 IM	1:48.05S

**Kevin (Hyuk-Joon) Jung (10)**

# 2C	Male 10-10 100 Back	1:42.48S
# 22C	Male 10-10 50 Fly	51.09S
# 30C	Male 10-10 200 IM	3:45.12S
# 34C	Male 10-10 100 Fly	1:51.73S
# 46C	Male 10-10 100 Free	1:25.55S E
# 62C	Male 10-10 100 IM	1:41.17S

**Alex Lam (10)**

# 46C	Male 10-10 100 Free	2:29.16S
# 54C	Male 10-10 50 Back	1:13.90S
# 57C	Male 10-10 25 Free	33.25S

**Loic Sogon (12)**

# 42E	Male 12-12 50 Breast	NT
# 46E	Male 12-12 100 Free	NT
# 54E	Male 12-12 50 Back	NT

**Liam Sullivan (14)**

# 4B	Male 14-14 100 Back	1:21.85S E
# 28B	Male 14-14 100 Breast	1:37.70S
# 32B	Male 14-14 200 IM	3:05.21S
# 48B	Male 14-14 100 Free	1:12.75S E
# 56B	Male 14-14 50 Back	NT
# 64B	Male 14-14 100 IM	NT

**Jonathan Vydellingum (9)**

# 42B	Male 9-9 50 Breast	1:16.92S
# 46B	Male 9-9 100 Free	1:56.86S
# 54B	Male 9-9 50 Back	1:13.32S