

EQUIPMENT LIST

Please make sure that you have all of the equipment required for your swimmer based on his swim group. Also put your child's name on each piece of clothing and gear. Having a name on it is the best way to ensure that stuff finds its way back to you. Lost and found bins at the pools are the best place to look if an item goes missing.

AGE GROUP 1&2	
EQUIPMENT	M = Mandatory O = Optional
Goggles	M
Swim Suit ¹	M
Mesh Bag	M
Kickboard	M
Fins	M
Pull Buoy	M
Hand Paddles	M
Finis Fulcrum Paddle	M
Snorkel	M
Ankle Band	M
Water Bottle Pop Top	M
Skipping Rope	M
Stretch Cord/Resistance Bands	M
Yoga Mat	M
SWIM Caps 1 x YSC, 1 x PRACTICE ²	M
YORK T-Shirts (avail. RED & NAVY)	M

Notes:

1. Swimmers must wear an appropriate training suit - no trunks or board shorts.
2. Swimmers can wear any cap for training (silicone, latex or lycra).
All swimmers must have a YORK SWIM CLUB cap for competitions.

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